

Ref: KM/hw

20 September 2021

Dear Parents

As a part of your child's education at Blessed Trinity RC College, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that towards the end of this half term, week commencing 11th October, your child will be learning about the physical and emotional changes that happen during puberty. We will be teaching this topic through a programme developed by Loudmouth Education, called 'My Mate Fancies You'. Loudmouth Education and Training is an education company that supports schools and colleges with their Relationships, Sex and Health education (RSHE). Loudmouth has been working with schools and colleges since 1994 and provides a range of programmes to help children and young people lead healthy, happy, safe lives.

The programme uses animation and accompanying activities to help the children to learn about the changes that happen during puberty and to reassure them that it is a natural process that happens to everyone. The programme also raises awareness of where the children can go for support if they have any concerns or worries about the changes they are going through.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

If you would like to find out more or discuss any concerns, please contact me on the email below.

Yours sincerely



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