



Topic	Learning Objectives	Key Vocabulary	Learning Sequence	Linked Learning	Home Learning
Tactics	<p>Students to understand the term tactics and how it links to sporting performance.</p> <p>Students demonstrate the use of tactics in their sport</p>	<p>Tactics</p> <p>Creating Space</p> <p>Fast Break</p> <p>Possession</p> <p>Man to Man</p> <p>Zonal Marking</p>	<ul style="list-style-type: none"> Tactical Sills Attacking Tactics Possession Man to Man Marking Zonal Marking Sport Specific Tactics Observation & Analysis 	<p>Academic Texts: https://www.bbc.co.uk/bitesize/guides/zy3yrdm/revision/1</p> <p>GCSE PE—Practical Sports—application of tactics and strategies</p>	<p>Plan and implement a tactic in your sport</p>
Attitudes & Behaviours	<p>Students will understand what is meant by and the importance of attitude and behaviour in all aspects of life.</p> <p>Students demonstrate the use of attitudes and behaviours in their sport in their sport</p>	<p>Attitude</p> <p>Behaviour</p> <p>Confidence</p> <p>Enthusiasm</p> <p>Honesty</p> <p>Commitment</p> <p>Positivity</p>	<ul style="list-style-type: none"> Attitudes & Behaviours Confidence Enthusiasm Honesty Commitment Positivity 	<p>Academic Texts: https://www.bbc.co.uk/bitesize/guides/z284wxs/revision/1</p> <p>British Values: Mutual respect</p> <p>Citizenship:</p>	<p>Design a changing room poster—attitudes and behaviour in PE</p>
Skills (Game situation)	<p>Students will understand the importance of fundamental movement skills and their importance in PE & Sport.</p> <p>Students will demonstrate a range of skills in conditioned games and explore the transfer of skills from one activity to another</p>	<p>Skills—eg passing, dribbling, shooting</p> <p>Game Situation</p> <p>Basic / complex</p> <p>Types of Practice</p> <p>Transfer</p>	<ul style="list-style-type: none"> Fundamental Movement Skills Skills for your sport Skills in isolated practices Basic / Complex Skills Types of Practice Transfer of Skills 	<p>Academic Texts: https://sites.google.com/view/mrwrukpe/gcse-pe/component-2-health-and-performance/forms-of-practice</p> <p>GCSE PE: Skill Classifications / Types of Practice</p>	<p>Participation / volunteer in: Extra—curricular sport Community Sport</p>

All topics will be delivered through a rota of physical activities



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Decision Making (Options)	<p>Students will understand the term decision making and the importance of good decision making in PE and life.</p> <p>Students will demonstrate decision making skills in their sport.</p>	Decision Making SWOT Consensus Voting Options	<ul style="list-style-type: none"> Decision making SWOT Analysis Consensus / Voting Options 	Academic Texts: https://www.bbc.co.uk/bitesize/guides/zk7hjhv/revision/3 PD- Preparation for the next stage PHSE: Skills for Success House Challenge	Decide: Who is the best athlete of all time ?
Effective Teams	<p>Students will understand roles within teams/groups of people.</p> <p>They will understand and demonstrate the importance of everyone fulfilling their purpose and effectively contributing.</p>	Roles Problem Solving Shared Goal Communication Collaboration Conflict Resolution	<ul style="list-style-type: none"> Roles—contributing Communication Problem Solving Embracing Collaboration Shared Goal Conflict Resolution 	Academic Texts: https://skillpath.com/blog/8-characteristics-of-an-effective-team- Citizenship: Team work PHSE: Skills for Success House Challenge	Get a photo of an effective team—describe why this team is effective.
Fitness for Sport & Life	<p>Students will understand the importance of maintaining a good level of physical health and fitness.</p>	Health Fitness Exercise Heart rate Blood pressure Training diary PAR-Q Food diary BMI	<ul style="list-style-type: none"> Health / Fitness / Exercise Heart rate / Blood pressure Training Diary / PAR-Q Food Diary / BMI Fitness Testing Physical Activity Guidelines Local Sports Providers Armed Services 	Academic Texts: https://www.owis.org/blog/why-is-physical-education-so-important PD - Healthy Living (Fitness / Diet) House Challenge	Get Active https://blcgroup.co.uk/ Eg. Couch to 5K

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Careers	Students explore the types of careers on offer through Sport & PE	Careers Qualifications Skills Income	<ul style="list-style-type: none"> Careers Overview PE Teacher / Sports Coach / Fitness Coach Sports Physiotherapist Sports Psychologist Sports Analyst Sports Journalist 	Literacy: https://thesportsschool.com/career-opportunities-in-sports-industry PD - Preparation for next phase	Research a job of interest to you. Identify qualifications and skills required.
Fulfilling Potential	Students will understand the skills most desired by employers and reflect on their own skills.	Employability Analyse Investigate Drive Initiative Development Time Management Teamwork Communication	<ul style="list-style-type: none"> Employability Analysing & Investigating Drive & Initiative Commitment to Development Managing Time Teamwork & Communication 	Literacy: https://skillsyouneed.com/general/employability-skills.html PHSE: Skills for Success	<u>Skills for Life</u> Identify 3 Strengths 3 Areas for improvement
My Personal Best	Students will understand what My Personal Best (PB) means and consider its use in sport and life	Personal Best Goal Setting SMART Targets	<ul style="list-style-type: none"> My Personal Best Running Events Throwing Events Jumping Events Goal Setting SMART Targets 	Literacy: https://believeperform.com/goal-setting PHSE—Fitness	House Challenge

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